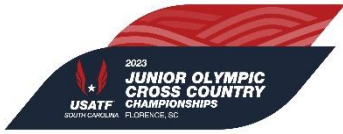


# 2023 USATF South Carolina Association Junior Olympic Cross Country Championships



Saturday, November 11, 2023

**Florence Soccer Complex**  
Soccer Way  
Florence, SC 29501



## Schedule & Age Divisions

Age Division	Distance	Female Start	Male Start
Course Walkthrough (self-led)		07:30 AM – 10:00 AM	07:30 AM – 10:00 AM
8 & Under (born 2015+)	2 km (1.24mi)	10:30 AM	11:00 AM
9-10 (born 2013-2014)	3 km (1.86mi)	11:30 AM	12:00 PM
11-12 (born 2011-2012)	3 km (1.86mi)	12:30 PM	1:00 PM
13-14 (born 2009-2010)	4 km (2.48mi)	1:30 PM	2:00 PM
15-16 (born 2007-2008), 17-18 (born 2005-2006)	5 km (3.11mi)	2:30 PM *	3:00 PM *
Open & Masters	5km (3.11mi)	3:30 PM	10:30

\* All 5ks for both genders will be combined and run at 2:30pm. However, If sufficient numbers of each gender register, then the Females (15-18) will be run at 2:30, and the Males (15-18) will run at 3:00pm.

**Course Preview:** The course will be open for preview Saturday, November 11<sup>th</sup> from 7:30am until 10:00am

**Course:** Starts and ends on open grass fields. All other sections are primarily grass with some brief paved sections. Spikes are not recommended.

### Eligibility Requirements:

**Individuals:** Current USATF membership is required to compete. Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification) is required and must be submitted prior to registration and participation.

**Teams:** Only registered USATF member clubs may enter a team. All athletes representing the club must be affiliated with that club as part of their USATF membership. To enter a team, a club must complete the team entry/declaration process during online registrations. Only athletes listed on the team declaration roster will be eligible to represent the club at the Association, Regional, or National championships.

*Note: USATF memberships purchased on or after November 1<sup>st</sup> are valid through 12/31/2024, whereas those purchased prior to November are valid through 12/31/2023. For questions regarding membership or for age verification, please contact:*

Membership Chair at [membership@southcarolina.usatf.org](mailto:membership@southcarolina.usatf.org).



**DATE OF BIRTH VERIFICATION:** **USATF Junior Olympic Championships** require that the registrants are date-of-birth verified. Individual members or their parent or guardian are required to upload/submit their birthdate verification document when completing their membership profile on the USATF Connect system. A USATF Connect account is automatically created for new USATF members. Existing members should already have a USATF Connect account. Date-of-Birth verification documents must be uploaded through [USATF Connect](#). To upload documents, the member (or parent or guardian) must login into their USATF Connect account. If you are having trouble uploading these documents, please reach out to the [USATF National Office \(317-261-0500\)](#). The complete [USATF Date of Birth Policy](#) may be found at: <https://www.usatf.org/home/top-utility-nav-content/membership/date-of-birth-verification-policy>.

**Team Scoring:** Eight (8) athletes on the team entry/declaration form may be declared as scoring athletes. The top five (5) finishers among the declared runners will score. Clubs may enter multiple teams per age division. For purposes of team scoring, athletes in the 15-16 and 17-18 age divisions are combined into a single division.

**Competition Bib Numbers:** All competitors must wear their assigned bib numbers during competition, chest-high on the front of their jerseys.

**Bib numbers will be distributed at the host venue (Florence Soccer Complex):**

- **Saturday, November 11 - beginning at 9:00 am**

**Event Results:** During competition, event results will be posted at the awards area and online afterwards at [www.athletic.net](http://www.athletic.net) and [www.usatfsc.org](http://www.usatfsc.org).

**Award Location:** **There will be no awards ceremony.** Individual awards will be distributed at the finish line. Team awards will distributed only to coaches.

**Awards:** **Medals will be awarded to the top three (3) finishers in each age division,** and USATF Junior Olympic ribbons will be awarded to fourth thru fifteenth (4<sup>th</sup> – 15<sup>th</sup>) finishers in each age division. Medals will be awarded to the top three (3) teams.

**Advancements:**

The top forty-five (45) individuals and top seven (7) teams in each age division at the Association Championship will advance to the Regional Championship, to be held on November 18<sup>th</sup> at Hallway Park, in Lakeland, FL.

The 2023 USATF National Junior Olympic Cross-Country Championship will be contested December 09, 2023, at EP Tom Sawyer State Park in Louisville, KY. **Registration open 09:00 Monday, 11/20/2023.** <https://www.athletic.net/CrossCountry/meet/226649/info>

**Entries:**

**Registration opens Wednesday, August 24<sup>th</sup> and closes 11:59pm Sunday, November 05.** **Junior Olympic entries must be completed by 11:59 PM on November 5<sup>th</sup>, 2023.** Only online entries will be accepted. Please visit [athletic.net](http://athletic.net) to enter. **Entry fees are \$10.00 per athlete.**

<https://www.athletic.net/CrossCountry/meet/227799/register>

*Please note, the 2023 USATF South Carolina Association Cross Country Championships will be held the second Saturday (Nov 11) instead of the first Saturday. This change is because Nov 1 is on a Wednesday, and that would simply not leave enough time for registration and preparations. A lot of people opt to renew their membership on or after Nov 1, which makes the membership valid until December 31 of the following year.*



**Payments:** The online entry system accepts all major credit cards; however, USATF prefers VISA.

**Facility Rules:** The following items and activities are not permitted: Unleashed pets, alcoholic beverages, glass containers, loud music, profanity, barbecuing, and disrespect towards officials and athletes.

**Restrooms:** Bathrooms will be located between the start and finish lines.

**Cleanliness:** Please bag all trash and otherwise leave the facility in as good a condition as when you arrived.

**Parking:** On site adjacent to the course and directly across the street

**Tents:** Team Tent location will be marked at the venue.

**Waivers:** The standard Rule 300h waiver (non-resident) is available to youth athletes.

- The Rule 300h waiver is available on the USATF website:

<https://usatf.wufoo.com/forms/youth-member-rule-300-h-waiver/>

**Contact:**

USATF SC Youth Chair ([youth@southcarolina.usatf.org](mailto:youth@southcarolina.usatf.org))

USATF SC Membership Chair ([membership@southcarolina.usatf.org](mailto:membership@southcarolina.usatf.org))

**Questions / Concerns:**

Please call or text the USATFSC Office at 864-520-9417 for questions/concerns. Leave a message and calls will be directed to appropriate person.



## 2K Course



## 3K Course



Blue Circles are Kilometer markers  
White Boxes are Mile markers  
The course is a mixture of grass, gravel, and pavement- spikes are not recommended.

Red Gate swings one time after the 2k. It never moves again.  
Yellow Gate swings into place only for the 3k races.



## 4K Course



## 5K Course



Blue Circles are Kilometer markers  
White Boxes are Mile markers  
The course is a mixture of grass, gravel, and pavement- spikes are not recommended.

Red Gate swings one time after the 2k. It never moves again.

Yellow Gate swings into place only for the 3k races.

Orange gate only used for 4k and 5k races. Swings vertical for 4k, diagonal/horizontal for 5k.

# Parking Map

