



2026 Florence Flamingo Games

and the
USATF Regional Para Track & Field Championships
and the
USATF South Carolina Association Para Track & Field Championships

Saturday, May 30, 2026

**Florence Sports Complex
1200 Jennie O'Bryan Avenue
Florence, SC 29501**

Age Divisions

Junior
U7 (6 and under)
U11: under 11 (7, 8, 9, 10)
U14: under 14 (11,12,13)
U17: under 17 (14, 15, 16)
U20: under 20 (17, 18, 19)
Open (Adult)
The minimum age is 14
Masters
M35
M50
M60



REGISTRATION: Only on-line entries are accepted. Registration is online at <https://www.simplyregister.net/register/?e=128926> by **05/18/2026** at **11:59pm**. Shirts are not be guaranteed for registrations after the deadline. A \$10 fee will be added to late entries. Online registration opens **02/10/2026**.

WAIVER: All athletes must sign both the USATF and the Move United waivers during the registration process.

AWARDS: Meet medals will be awarded to the top 3 competitors in each event, for each division.

All athletes are eligible for *Florence Flamingo Games* awards.

This meet also serves as the **USATF South Carolina Association Para Track & Field Championships**. Only athletes that are USATF South Carolina members are eligible for Association awards.

This meet also serves as the **USATF Regional Para Track & Field Championships**. Only athletes that are USATF members are eligible for regional awards

ENTRY FEES:

Meet Entries: **\$50** includes entry for up to 4 events, **\$75** for up to 6 events where allowed.
Relay Entries: **relays are not contested**



QUESTIONS:

USATF Membership Questions
membership@usatf.org

USATF South Carolina Membership Questions
membership@southcarolina.usatf.org

General questions about the Florence Flamingo Games
info@florenceflamingogames.com or vicepresident@southcarolina.usatf.org

IMPLEMENT and THROWING FRAME INSPECTION: All implements must be weighed, measured, and checked in at the designated Implement Inspection area 90 minutes prior to the start of the event. All Throwing Frames must be submitted by 09:00 for inspection at the Implement Inspection area. The Implement Inspection area is located in the building outside of turn 1 of the track. **Inspection of implements and throwing frames opens at 08:30.**

There are no facilities for overnight implement storage. All athletes that check-in an implement are required to check it out at the field event venue following competition completion. Implements not checked-in will not be allowed to be used. **Using an implement that has not been checked-in and inspected is grounds for immediate disqualification.**

RACERS and FRAME RUNNER INSPECTION: All Racers and Frame Runners must be inspected prior to competition. Inspection will be at the Implement Inspection area located in the building outside of turn 1 of the track. Inspection for Racers and Frame Runners will open at 08:00. **Using a Racer or Frame Runner that has not been inspected is grounds for immediate disqualification**

EVENT CHECK-IN: There will be separate check-in areas for Running and Field events. Athletes must check in at these designated areas 45 minutes prior to the event's scheduled starting time. All athletes will be required to remain in the designated warm-up areas after checking in.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only. High Jump competitors may opt for the front of the singlet. Bibs will be distributed on the morning of the event. If an athlete loses the bib number, a replacement can be purchased for a fee of **\$5.00.**

PREFERRED HOTEL:

Hampton Inn & Suites North/I-95
1735 Stokes Road
Florence, SC 29501
843-662-7000



Florence Flamingo Games

The following is a tentative schedule. The schedule will be refined as the number of entrants becomes known.

NOTE: This is a rolling schedule. Any event may start up to 15 minutes early

TRACK EVENTS | 9:30am Saturday, May 30, 2026

- The track will be open from 8am - 9am.
- Inspection will open at 8am.
- ALL RACERS AND FRAMERUNNERS MUST BE INSPECTED PRIOR TO COMPETITION.
- Competition on the track will begin at 9:30am.

09:30 – 20m, 60m

09:45 - 60m weave

09:55 - 100m

10:10 - 200m

10:30 - 400m

11:00 - 800m

11:20 - 1500m

11:45 - 3000m

12:15 - 5000m

FIELD EVENTS | 11am Saturday, May 30, 2026

- Implement Inspection will open at 08:30 for field events.
- ALL IMPLEMENTS AND THROWING FRAMES MUST BE INSPECTED PRIOR TO COMPETITION.

Ambulatory

11:00 am - Shot Put
12:00 pm - Discus Throw
2:00 pm - Javelin Throw

Seated

11:00 am - Shot Put
12:00 pm - Discus Throw
1:30 pm – Softball (if needed)
2:00 pm - Club Throw
2:45 pm - Javelin Throw

Jumps

12:00 pm - High Jump
1:00 pm - Long Jump
2:00 pm – Triple Jump