



2026 USATFSC Association Junior Olympic Track & Field Championships

Florence Sports Complex
1200 Jennie O'Bryan Avenue
Florence, SC 29501



June 19th – 21st, 2026

Schedule for Friday, June 19, 2026

Be sure to arrive at the track at least 1 hour ahead of time and check in.

Running Events:

3:00 pm	80m Hurdles (30")	Trials	(11/12 G) top 8 to final Sunday **
3:00 pm	80m Hurdles (30")	Trials	(11/12 B) top 8 to final Sunday **
3:15 pm	100m Hurdles (30")	Trials	(13/14 G)
3:30 pm	100m Hurdles (33")	Trials	(15/16 G) top 8 to final Sunday **
3:30 pm	100m Hurdles (33")	Trials	(13/14 B) (17/18 W) top 8 to final Sunday **
4:00 pm	110m Hurdles (39")	Trials	(15/16 B) (17/18 M) 15-16, 17-18 combined
4:30 pm	2000m Steeplechase (30")	Finals	(13/14G)(13-14B) (15/16 G) (17/18 W) may be combined
5:00 pm	2000m Steeplechase (36")	Finals	(15/16 B) 17/18 M) age divisions may be combined
5:30 pm	4x800m Relay	Finals	(11/12 G/B) (13/14 G/B) (15/16 G/B) (17/18 W/M) Age divisions may be combined
6:00 pm	1500m / 3000m Racewalk	Finals	All Age divisions combined for both races. 1500m Racewalk and 3000m Racewalk combined

Field Events:

1:00 pm	Mini Javelin (300g)	(8&U G) (300g)
2:30 pm	Mini Javelin (300g)	(8&U B) (300g)
4:00 pm	Aero Javelin (250g)	(9/10 B) (250g)
5:30 pm	Aero Javelin (250g)	(9/10 G) (250g)
1:00 pm	Long Jump	(9/10 G) Pit #1, (9-/10 B) Pit #2
3:00 pm		(11/12 G) Pit #1, (11/12B) Pit #2
1:00 pm	Hammer Throw	(15/16 B) (17/18 M) (12 lb)
2:00 pm		(15/16 G) (17/18 W) (4 kg)
4:00 pm	Shot Put	(8&U G) (2 kg)
5:30 pm		(8&U B) (2 kg)
3:45 pm	Discus Throw	(15/16 B) (1.6 kg)
5:15 pm		(17/18 M) (1.6 kg)
2:00 pm	Pole Vault	(13/14 G) Warm up @1:00 pm
5:00 pm		(13/14 B) Warm up @4:00 pm

**** NOTE: ANY TRIAL RUNNING EVENT WITH 8 OR LESS ENTRANTS WILL BE RUN AS A FINAL THE DAY OF TRIAL EVENT.**

Note: Calls may or may not be made. Athletes must pay attention



2025 USATFSC Association Junior Olympic Track & Field Championships

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Florence, SC 29501

June 19th – 21st, 2026



Schedule for Saturday, June 20, 2026

Be sure to arrive at the track at least 1 hour ahead of time and check in.

Running Events:

8:00 am	1500m Run	Finals	All Divisions	Age Divisions may be combined
10:00 am	100m	Trials	All Divisions **	
12:30 pm	400m	Trials	All Divisions **	
2:00 pm	4 x 100m Relay	Trials	All Divisions **	Age Divisions may be combined
3:00 pm	200m	Trials	All Divisions **	
4:30 pm	4 x 800 Mixed Relay	Finals	15/16, 17/18 (Mixed Gender Relay, Legs: B-G-B-G)	
4:45 pm	4 x 400 Mixed Relay	Finals	15/16, 17/18 (Mixed Gender Relay, Legs: B-G-B-G)	
5:00pm	4 x 100 Mixed Relay	Finals	15/16, 17/18 (Mixed Gender Relay, Legs: G-G-B-B)	

Field Events:

Shot Put

8:30 am	(13/14 B) 4 kg
10:15 am	(17/18 W) 4 kg
11:30 am	(15/16 G) 4 kg
12:45 pm	(15/16 B) 12 lb
2 :00 pm	(17/18 M) 12 lb

Discus

8:30 am	(11/12 G) 1 kg
9:45 am	(11/12 B) 1 kg
11:30 am	(13/14 G) 1 kg
12:45 am	(13/14 B) 1 kg
2:45 pm	(17/18 W) 1 kg
4:00 pm	(15/16 G) 1 kg

High Jump

8:30 am	(13/14 G)
10:00 am	(15/16 G)
11:30 am	(15/16 B)
1:00 pm	(9/10 G)
2:30 pm	(9/10 B)

Pole Vault

8:30 am	(15/16 G) Warm up @7:30 am
10:30 am	(15/16 B) Warm up @9:30 am
12:30 pm	(17/18 W) Warm up @11:30 am
2:30 pm	(17/18 M) Warm up @1:30 pm

Long Jump

8:30 am	(13/14 B) Pit #1, (17/18 M) Pit #2
11:30 am	(13/14 G) Pit #1, (17/18 W) Pit #2
2:30 pm	(15/16 B) Pit #1, (15/16 G) Pit #2

Javelin

8:30 am	(17/18 M) 800g
9:30 am	(15/16 B) 800g
10:45 am	(11/12 G) 450g Aero
12:15 am	(11/12 B) 450g Aero

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Events may run up to 30 minutes ahead of schedule

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June 19th – 21st, 2026



Schedule for Sunday, June 21, 2026

Be sure to arrive at the track at least 1 hour ahead of time and check in.

Running Events:

8:00 am	3000m Run	Finals	(11/12 G/B) (13/14 G/B) (15/16 G/B) (17/18 W/M) Age divisions may be combined
9:45 am	100m	Finals	All Age Division (except 17-18W)
10:15 am	400m	Finals	All Age Divisions (except 8UG and 17-18W)
11:00 am	80m Hurdles	Finals	(11/12 G) (30")
11:05 am	100m Hurdles	Finals	(13/14 G) (30")
11:10 am	100m Hurdles	Finals	15/16 G) (33")
11:20 am	110m Hurdles	Finals	(15/16 B) (17/18 M) (39")
11:30 am	4 x 100m Relay	Finals	All Age Divisions
12:00 pm	800m Run	Finals	All Age Divisions
1:30 pm	200m Hurdles	Finals	(13/14 G/B) (30") Section vs. Time
1:45 pm	400m Hurdles	Finals	(15/16 G) (17/18 W) (30") Section vs. Time
2:00 pm	400m Hurdles	Finals	(15/16 B) (17/18 M) (36") Section vs. Time
2:15 pm	200m	Finals	All Age Divisions
2:45 pm	4 x 400m Relay	Finals	All Age Divisions

Field Events:

Shot Put

8:30 am	(11/12 G) (6 lbs)
9:45 am	(11/12 B) (6 lbs)
11:00 am	(9/10 G) (6 lbs)
12:15 pm	(9/10 B) (6 lbs)
1:45 pm	(13/14 G) (6 lbs)

Javelin

8:30 am	(13/14 B) 600g
10:30 am	(13/14 G) 600g
12:30 am	(17/18 W) 600g
1:30 pm	(15/16 G) 600g

Long Jump (Pit #1)

8:30am	(8U G)
11:30 am	(8U B)

Triple Jump (Pit #2)

8:30 am	(13/14 G)
9:30 am	(13/14 B)
10:30 am	(15/16 G)
12:00 pm	(15/16 B)
1:00 pm	(17/18 W)
2:30 pm	(17/18 M)

High Jump

8:30 am	(17/18 W)
9:30 am	(17/18 M)
11:00 am	(11/12 G)
12:00 pm	(11/12 B)
2:00 pm	(13/14 B)

**** NOTE: ANY TRIAL RUNNING EVENT WITH 8 OR LESS ENTRANTS WILL BE RUN AS A FINAL THE DAY OF TRIAL EVENT.**

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