



SOUTH CAROLINA ASSOCIATION NEWSLETTER

OCTOBER 2019

From the Board-

This newsletter is dedicated to the athletes who competed in the USATF Junior Olympic Series. We were fortunate to host the Region 4 meet in Rock Hill, providing additional opportunities for our South Carolina youth athletes to better their season marks. Next year, with JO Nationals returning to Jacksonville FL, we hope to see more of our future stars progressing through the series. We are very proud of the many Athletes who competed this summer and we thank all of the Coaches, Officials and Volunteers who worked hard to support our South Carolina athletes.

Enjoy!

The USATF Officers and Board.



EVUSATF-SC JO T&F June 21-23, 2019

Photo by SCRrunner

SAVE THE DATE!!
2020 USATF-SC JO T&F Championships
 June 26 - 28th, 2020
 Spartanburg High School, Spartanburg SC, 29307

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UPCOMING EVENTS

USATF-SC Half-Marathon LDR Championships
November 16, 2018 @ 7:30am
Lexington County Baseball Stadium, Lexington SC 29072
Registration: <https://www.lexingtonhalf.com>

USATF SE Region, SC Association 1-Hour Racewalk Championships
December 14, 2019 @ 11:30am
Columbia International University, Columbia SC
Registration: <https://www.athletic.net/TrackAndField/meet/387323/register>



SC Association Junior Olympic T&F Championships - June 21-23.

The Association JO Championships were held at Winthrop University in Rockhill SC. There was a good turnout with many outstanding performances. There were 24 new Association Championship Records set with several athletes setting records in two events.

Congrats to all who participated.

Photo by Bart Boatwright, SCRrunner



USATF-SC Association Records x Two!!!

Peyton Hightower (left) set new records in the 9-10 girls 100m and 200m with times of 13.75 and 27.15 respectively.

Jamey Patterson II of the Lexington Wildcats, (right) set new records in the 9-10 boys 200m with a time of 27.32 and the 9-10 long jump with a mark of 4.42 meters.

Gabriel Hislop of Mt Pleasant TC, (left) ran 2:30.80 for 800m and 5:04.59 for 1500m setting two new records for the 9-10 boys division. Gabriel went on to win All-American titles at JO Nationals, finishing 5th in the 1500m with a time of 5:01.04 and 6th in the 800m with a time of 2:29.60.

Kaleb Burroughs from Florence TC, (right) set new records in the 11-12 boys 1500m with a time of 4:58.20 and the 11-12 javelin with throw of 38.97 meters. Kaleb went on to place 1st in both of these events at the Region 4 JO Championships and besting his State record mark in the javelin by almost 2 meters with a throw of 40.71 meters.



USATF SC Association Records Set in 2019

Division	Name	Event	Time/Mark	Team
8 & Under Girls	Kennedy Arthur	800m	2:52.74	Florence Track Club
9-10 Girls	Peyton Hightower	100m	13.75	Unattached
	Peyton Hightower	200m	27.15	Unattached
	Julia Goldman	1500m	5:40.38	Mt. Pleasant Track Club
11-12 Girls	Khaya Hunt	Discus	25.73m	Greenville Jets
	Brett Jones	Javelin	29.14	Unattached
13-14 Girls	Julia Galbally	100m	12:16	Mt. Pleasant Track Club
	Hannah Togami	Pole Vault	3.34m	Mt. Pleasant Track Club
	Eliza King	Javelin	36.11m	Palmetto Track & Field
17-18 Women	Areyanna Scott	Javelin	40.56m	Unattached
9-10 Boys	Jamey Patterson II	200m	27.32	Lexington County Wildcats
	Gabriel Hislop	800m	2:30.80	Mt. Pleasant Track Club
	Gabriel Hislop	1500m	5:04.59	Mt. Pleasant Track Club
	Jamey Patterson II	Long Jump	4.42m	Lexington County Wildcats
11-12 Boys	Kaleb Burroughs	1500m	4:58.20	Florence Track Club
	Ryan Vaughn	Discus	27.87m	Unattached
	Ja'Marcus Williams	High Jump	1.50m	Florence Track Club
	Kaleb Burroughs	Javelin	38.97m	Florence Track Club
13-14 Boys	Kyle Kaufelds	Javelin	50.55m	Palmetto Track & Field
15-16 Boys	Caleb Walker	Javelin	54.15	Mt. Pleasant Track Club
	Peyton Manuel	High Jump	1.95m	Bionic Sports Performance
17-18 Men	Braydon Bennett Sr.	110m Hurdles	13.94	36 Elite Moves
	Michael Griffin	2000m Steeplechase	6:14.04	Unattached
	David Kowalchick	Shot Put	17.61m	Mt. Pleasant Track Club



USATF-SC JO Meet June 21-23, 2019

Photos by Bart Boatwright SC MileSplit



For more SC Junior Olympic pictures go to:
<https://sc.milesplit.com/photos/albums/44669>

From the Youth Chair

*This year's JO meet in Rock Hill was even more successful than last year. The partnership and support provided by City of Rock Hill and Winthrop University was tremendous. They made it easy for us to host both the Association and the Region 4 Championships at the same location. The challenge of putting on two meets within a couple of weeks of each other took a lot of planning and the Youth Committee worked hard as a team to make it happen. We thank all of the Coaches, Volunteers and Officials who stepped in and help when they saw a need. You are what makes South Carolina a great Association to be a part of. **THIS IS YOUR USATF!***

*Steve Mullaney
Youth Chair*

SPECIAL THANKS TO USATF-SC EVENT PARTNERS

**City of Rock Hill
York County Tourism
Winthrop University
Mitchell Timing
Lexington County
City of Myrtle Beach
Greenville County Parks & Rec
Square One Events
Columbia International University
CKET Timing
Strictly Running
SCMileSplit**



USATF-SC JO Meet June 21-23, 2019

Photos by Bart Boatwright SCMileSplit

USATF Region 4 Junior Olympics Rock Hill, SC - July 4-7

The Region 4 JOs were attended by roughly 2,500 athletes from Florida, Georgia, and South Carolina. Athletes competed for the five (5) National qualifying spots in each event and age group. In spite of rain and wind storms, South Carolina was well represented by many outstanding performances.



2019 USATF-SC Region 4 JO Champions Track Events

Athlete	Event	Division	Mark	Team
Zahria Jones	100m	W 15-16	12.07a (0.5) PR	Greenville Jets
Tyae McWhite	110m H	M 15-16	15.02a (0.7)	Florence Track
Zahria Jones	200m	W 15-16	24.64a (1.5)	Greenville Jets
Kimora Pardlow, Erin Washpon, Jamiya Martin, Jalyssa Martin	4x100m Relay	G 11-12	54.13a	Quick Striders
Alexa Hamlin	400m	G 11-12	1:02.31a PR	Summerville Storm Track Team
Kennedy Arthur	800m	G 8U	2:52.87a	Florence Track
Jack Butler	800m	B 11-12	2:31.60a PR	Mt. Pleasant Track Club
Savannah Hislop	1500m	G 8U	6:01.99a	Mt. Pleasant Track Club
Jaylyne Scott	1500m	G 9-10	5:38.32a PR	55-Unattached
Gabriel Hislop	1500m	B 9-10	5:00.64a	Mt. Pleasant Track Club
Kaleb Burroughs	1500m	B 11-12	4:59.61a	Florence Track
Devon Sibley	1500m	B 13-14	4:39.19a	Midas Track
Skylar Hamlin	1500m RW	G 9-10	12:48.74a	Summerville Storm Track Team
Brittany Sloan	1500m RW	G 11-12	8:37.66a PR	Florence Track
Georgia Arnold	2000m SC	W 15-16	8:39.52a	Mt. Pleasant Track Club
Michael Griffin	2000m SC	M 17-18	6:35.90a	55-Unattached
Kaleb Burroughs	3000m	B 11-12	10:45.75a SR	Florence Track
Brendan Gomez	3000m	B 13-14	9:58.31a PR	Mt. Pleasant Track Club
Caelin Sloan	3000m RW	G 13-14	18:43.14a	Florence Track
David Hitch	3000m RW	B 13-14	24:04.92a	Florence Track



2019 USATF-SC Region 4 JO Champions Field & Multi Events

Athlete	Event	Division	Mark	Team
Brett Jones	Discus	G 11-12	25.25m	55-Unattached
David Thilen	Discus	B 13-14	38.06m	Mt. Pleasant Track Club
Kora Pettengill	Heptathlon	W 15-16	3417	Mt. Pleasant Track Club
Kamille Cunningham	High Jump	G 13-14	1.60m	Florence Track
Elle Cocco	Javelin	G 9-10	25.19m	Mt. Pleasant Track Club
Brett Jones	Javelin	G 11-12	33.48m	55-Unattached
Areyanna Scott	Javelin	W 17-18	42.08m PR	55-Unattached
Miles Tonelis	Javelin	B 8U	19.45m	Mt. Pleasant Track Club
Kaleb Burroughs	Javelin	B 11-12	40.71m PR	Florence Track
Kyle Kaufelds	Javelin	B 13-14	52.76m	Palmetto Track & Field
Caleb Walker	Javelin	M 15-16	56.63m PR	Mt. Pleasant Track Club
John Pauldine	Javelin	M 17-18	55.28m	Mt. Pleasant Track Club
Kendred Walker	Long Jump	B 13-14	5.48m (-1.8)	Greenville Jets
Tyrone Clary	Pentathlon	B 11-12	1618	Mt. Pleasant Track Club
Hannah Togami	Pole Vault	G 13-14	3.53m PR	Mt. Pleasant Track Club
Ezekiel Bailey	Pole Vault	B 13-14	3.03m	55-Unattached
Grace Hotchkiss	Pole Vault	W 17-18	3.48m	Mt. Pleasant Track Club
Taylor Fox	Pole Vault	M 17-18	4.38m PR	55-Unattached
Kerstynn Barr	Shot Put	G 8U	4.64m	Florence Track
Miles Tonelis	Shot Put	B 8U	5.48m	Mt. Pleasant Track Club
Alex Corley	Shot Put	B 9-10	8.00m	Mt. Pleasant Track Club
Kendred Walker	Triple Jump	B 13-14	12.13m (0)	Greenville Jets

USATF National Junior Olympics Sacramento, CA - July 22-28

Over 7,000 athletes from all over the US traveled to Sacramento, CA to compete in the National JO Championships. The South Carolina contingent, several of whom competed in multiple events, succeeded in placing in the top eight (8) in twenty-five (25) events, with three (3) athletes making the podium at 2 events, resulting in twenty-two (22) National All-Americans. Top among the South Carolina athletes are two (2) Gold, two (2) Silver and five (5) Bronze medalists.

Meet Our National Champions



Kamiya Dendy 1st (left). Kamiya finished 1st in the 17-18 Women High Jump at National JO's. She cleared an amazing 1.75m (5'8.75"). Kamiya also competed at the U20 USATF National Junior Championships in Miramar FL where she placed 5th.

Kyle Kaufelds and Troy Cocco 1st & 3rd (below). These athletes finished 1st and 3rd respectively in the 13-14 Boys Javelin event. Kaufelds, who is a member of Palmetto Track & Field Club, threw 59.06m (193'7"), placing first and setting a new personal record. Cocco, a member of the Mt. Pleasant Track Club, placed third with a throw of 49.39m (162') also setting a new personal record. These young athletes were their own best competition all season, placing 1st and 2nd at both the SC Association Championships and the Region 4 Championships.



Max Livesey 2nd (right). Livesey, a member of the Mt. Pleasant Track Club, rose to the occasion brilliantly, and placing 2nd in the 15-16 Boys High Jump with a mark of 1.90m (6'3"). Livesey, whom most likely cleared his own height, also took 2nd at the Region 4 meet behind the National Champion Isaac Osifo of GA.



Caleb Walker 2nd (left). Walker, a member of the Mt. Pleasant Track Club, finished 2nd in the 15-16 Boys Javelin event, throwing a distance of 56.42m (185' 1"). Walker continued his stellar performances in the Junior Olympic series, previously placing 1st at both the South Carolina and Region 4 Championships.

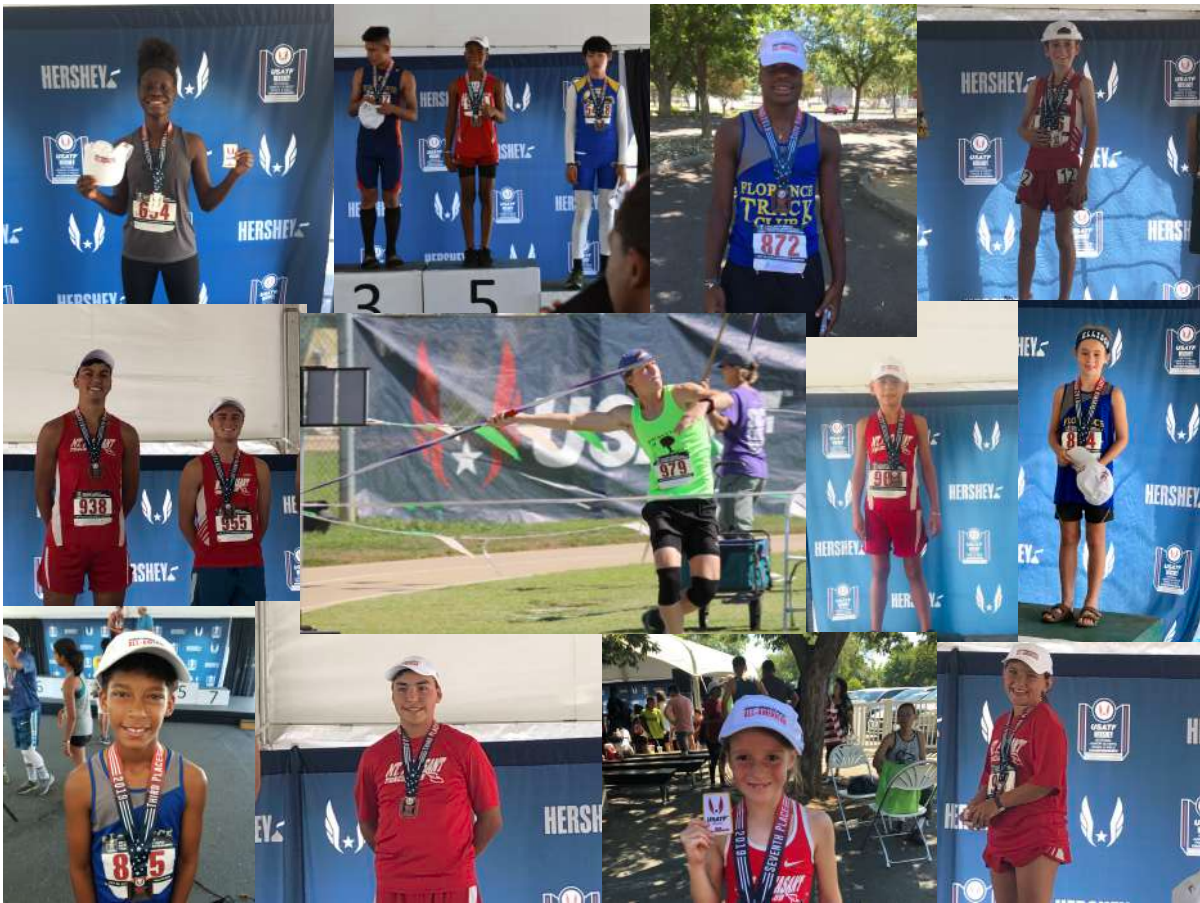


2019 USATF - SC National JO All-Americans				
Place	Athlete	Club	Event	Time/Mark
1st	Kamiya Dendy	Unattached	17-18 Women High Jump	1.75m
1st	Kyle Kaufelds	Palmetto Track & Field	13-14 Boys Javelin	59.06m
2nd	Max Livesey	Mt. Pleasant Track Club	15-16 Boys High Jump	1.90m
2nd	Caleb Walker	Mt. Pleasant Track Club	15-16 Boys Javelin	56.42m
3rd	Kaleb Burroughs	Florence Track Club	11-12 Boys Javelin	38.24m
3rd	Elle Cocco	Mt. Pleasant Track Club	9-10 Girls Javelin	27.48m
3rd	Brett Jones	Unattached	11-12 Girls Javelin	33.31m
3rd	Troy Cocco	Mt. Pleasant Track Club	13-14 Boys Javelin	49.39m
3rd	Areyanna Scott	Unattached	17-18 Women Javelin	40.33m
4th	John Pauldine	Mt. Pleasant Track Club	17-18 Men Javelin	56.54m
5th	Hannah Togami	Mt. Pleasant Track Club	13-14 Girls Pole Vault	3.40m
5th	Brett Jones	Unattached	11-12 Girls Discus	27.24m
5th	Tyrone Clary	Mt. Pleasant Track Club	11-12 Boys High Jump	1.50m
5th	Gabriel Hislop	Mt. Pleasant Track Club	9-10 Boys 1500m	5:01.04
6th	Miles Tonelis	Mt. Pleasant Track Club	7-8 Boys Shot Put	6.82m
6th	Ethan Cocco	Mt. Pleasant Track Club	17-18 Men Javelin	54.05m
6th	Gabriel Hislop	Mt. Pleasant Track Club	9-10 Boys 800m	2:29.60
6th	Tyae McWhite	Florence Track Club	15-16 Boys 110m Hurdles	15.20
6th	Julia Galbally	Mt. Pleasant Track Club	13-14 Girls 100m	12.16
7th	Alex Corley	Mt. Pleasant Track Club	9-10 Boys Shot Put	8.48m
7th	Meredith Banner	Florence Track Club	9-10 Girls Javelin	23.17m
7th	Savannah Hislop	Mt. Pleasant Track Club	9-10 Girls 1500m	5:56.47
8th	Alex Corley	Mt. Pleasant Track Club	9-10 Boys Javelin	31.38m
8th	Chloe Berda	Mt. Pleasant Track Club	17-18 Women Javelin	35.99m
8th	Kaden Murray	Lexington County Wildcats	7-8 Boys 1500m	5:41.82

2020 USATF-SC NEWSLETTER COORDINATOR NEEDED

USATF-SC is looking for a volunteer to coordinate and compile quarterly Association newsletters. Please contact Association Secretary if you are interested.

secretary@southcarolina.usatf.org



USATF-SC Delegates to Attend USATF Annual Meeting Dec 5-8th, 2019

South Carolina is required to send 8 to 14 delegates to the National Annual Meeting. The delegation must include a combination of athletes, coaches, officials, sports chairs and association administrators. This year the meeting will be in Reno NV and USATF will be considering changes to the National Governance Handbook. The South Carolina delegation includes:

*Brian Jordan, President
 Susan Heiser, Secretary & RW Chair
 Patricia Frye, Officials Chair
 Tyrell Richard, Active Athlete
 T'Mars McCallum, Coach & Club Admin.*

*Steve Mullaney, 2nd VP & Youth Chair
 Joyce Welch, LDR Chair & Coach
 Norman Venyah, Certification Chair
 Jeff Jacobs, Coach & Club Admin.
 Darlin Jordan, Volunteer Admin.*

Updates to Membership, Club, Coaches Information All USATF members, clubs, coaches and officials are reminded to update their personal, athlete, coaches, and club information within the USATF membership and/or club management system to reflect any new address, coaching, athlete or official information changes.

USATF SOUTH CAROLINA ASSOCIATION COMMUNICATIONS

PUBLISHING EDITOR ERIKA WHATLEY
 EMAIL: HEISERWHATLEY@GMAIL.COM

CONTRIBUTORS.....SUSAN HEISER, TAMARA SLOAN, STEVE MULLANEY

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