

Licensed to Virginia Assoc. USATF Championship Meet

HY-TEK's Meet Manager 11/22/2008 03:04 PM

Region III JO Cross Country Championship - 11/22/2008

Pole Green Park Richmond, Virginia

Results

2000 Meter Run CC Sub-Bantam Girls

Name	Year Team	Seed	Finals	Points
Results - Women				
1 Hall, Carly	00 55mt Pleasant A,Mt		8:35.92	1
2 Strouse, Brin	01 Lightning Ru,Freder		8:36.66	2
3 Pizzo, Emma	00 55charleston Rec,Da		9:17.23	
4 Stathes, Zoe	00 Lightning Ru,Rockvi		9:28.30	3
5 Sattinger, Brianna	00 45 Southside Pi,Fay		9:29.72	
6 Phifer, Alexia	00 unattached,Newport		9:34.79	
7 Martin, Kaia	00 Cobra Track,Alexand		9:41.18	
8 Donoho, Carly	00 55mt Pleasant A,Mt		9:42.77	4
9 Lowery, Sierra	01 North Wake		9:51.24	5
10 Bozarth, Brooke	00 55 Summerville A,Su		9:53.23	6
11 Bray-Gates, Zoryn	00 45 Alpharetta Y,Alp		9:56.61	7
12 Petersen, Madison	00 Sandhills		10:02.35	
13 Diss, Teagan	00 Lightning Ru,Olney,		10:10.83	8
14 Davis, Ashlin	00 Lightning Ru,Freder		10:18.63	9
15 Shouse, Megan	00 Howard Count,Hanove		10:21.08	10
16 Foster, Jessica	00 Howard Count,Woodbi		10:22.96	11
17 Shouse, Mary Kate	01 Howard Count,Hanove		10:24.95	12
18 Hamilton, Elizabeth	01 55 Summerville A,Su		10:25.73	13
19 Thompson, Mills	00 55mt Pleasant A,Mt		10:39.93	14
20 Smith, Te'Mani	00 unattached		10:40.74	
21 Danner, Sara	01 Lightning Ru,Dicker		10:49.32	15
22 Smy, Isabelle	00 45 Alpharetta Y,Cum		10:49.68	16
23 Flanders, Gabrielle	00 Sandhills		10:54.12	
24 Boney, Grace	00 Junior Striders		10:54.40	
25 Hogg, Amanda	01 45 Alpharetta Y,Joh		10:57.41	17
26 Crook, Lillian	01 CC Pacers		10:58.09	
27 Campbell, Samaria	00 45 Northside Re,Atl		11:08.00	
28 Hansen, Samantha	00 12 Our Lady of L,Ri		11:10.35	18
29 Bolon, Roxane	00 CC Pacers		11:35.98	
30 Torain, Briona	01 Triangle Champ		11:38.25	
31 Newcomb, Gwynivere	01 The Running,Nokesvi		11:45.36	
32 Goodman, Lily	00 12 Our Lady of L,Ri		11:57.50	19
33 Anderson, Isabel	01 Fairfax Poli,Spring		12:00.26	
34 Murrell, Machaela	02 Triangle Champ		12:13.70	
35 Martin, Christian	00 North Wake		12:15.68	20
36 Togan, Layla	01 DC Parks and,Washin		12:23.73	
37 Redman, Michaela	01 Lightning Ru,New Ma		12:29.06	
38 Yoakum, Eleanor	00 North Wake		12:37.58	21
39 Hemming, Audrey	00 North Wake		12:52.60	22
40 McCleskey, Rachel	02 Southwestern,Clifto		13:08.81	
41 Anderson, Eileen	00 12 Our Lady of L		13:11.88	23
42 Foster, Caroline	00 Unattached		13:19.66	
43 Hemming, Abigail	01 North Wake		13:23.69	24
44 Gaines, Meghann	01 55 Summerville A,Su		13:49.30	25

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	10 Lightning Running Club	18	1	2	4	5	6	8			
Total Time: 49:23.74											
2	13 North Wake TC	40	3	7	9	10	11				
Total Time: 1:01:00.79											

3 10 Lightning Running Club 76 8 10 18 19 21
Total Time: 1:15:07.57

4 10 Southwestern Youth Ass 91 6 13 23 24 25
Total Time: 1:16:52.00

5 10 Howard County Striders 102 1 20 26 27 28
Total Time: 1:19:28.24

3k Run CC Midget Girls

Name	Year Team	Seed	Finals	Points
Results - Women				
1 Dekker, Eliza	97 Durham Striders		11:17.17	
2 Jenkins, Ricole	96 Junior Striders		11:53.53	
3 Stansell, Sara	96 55charleston Rec,Ch		11:55.06	
4 Mills, Tatiana	97 University City		11:57.37	
5 Vaughn, Aziza	97 University City		12:00.34	
6 Mulhern, Emily	96 Lightning Ru,Ijamsv		12:02.45	1
7 Kessenich, Alden	96 Weddington XC		12:13.16	2
8 Zambrana, Jazmin	96 45 Peachtree Ci,Pea		12:14.73	
9 Mayer-Marks, Callahan	96 Lightning Ru,Takoma		12:15.77	3
10 Hunt, Lauren	97 Durham Striders		12:19.25	
11 Stuart, Meg	96 Lightning Ru,Monrov		12:20.52	4
12 D'Ottavi, Morgana	96 Lightning Ru,Silver		12:21.53	5
13 Sanborn, Kate	97 Fayetteville		12:23.75	
14 Nardone, Julia	97 Howard Count,Glenel		12:31.74	6
15 Brown, Robin	96 45 Northside Re,Atl		12:36.36	
16 Bibbs, Blaike	97 Unattached		12:36.69	
17 Mezzatesta, Isabella	96 Unattached		12:39.12	
18 Sullivan, Laura	96 Vienna Youth,Vienna		12:41.66	
19 Henry, Alyse	96 45 Heart and So,Dal		12:44.57	
20 Christen, Hannah	96 Fairfax Poli,Burke,		12:46.16	7
21 Winklbauer, Kelly	96 Lightning Ru,Mount		12:49.99	8
22 Blalock, Adele	97 55mt Pleasant A,Mt		12:53.31	9
23 Berman, Lauren	96 Fairfax Poli,Fairfa		12:54.39	10
24 Garrett, Morgan	96 Weddington XC		12:57.14	11
25 Freed, Rebecca Natasha	97 Lightning Ru,Freder		13:08.85	12
26 Vance, Emily	96 Unattached		13:18.39	
27 Shipp, Zenethia	97 University City		13:20.47	
28 DiBona, Elizabeth	96 55mt Pleasant A,Mt		13:22.64	13
29 Gajcowski, Shyann	96 Howard Count,Hanove		13:24.59	14
30 Stogner, Caroline	96 Unattached		13:26.37	
31 VanGurp, Kathleen	96 Weddington XC		13:26.72	15
32 Fleming, Ashley	97 Fairfax Poli,Fairfa		13:28.48	16
33 Millett, Ciarra	96 Unattached		13:30.66	
34 Austin, Megan	96 Lightning Ru,Woodbi		13:31.96	17
35 Arnold, Mara	97 Weddington XC		13:35.14	18
36 Helms, Taylor	97 Weddington XC		13:37.01	19
37 Louis, Jenna	96 Weddington XC		13:38.09	20
38 Genna, Andrea	96 Junior Striders		13:38.58	
39 Livingston, Frances	96 Weddington XC		13:38.93	21
40 Tate, Rachel	96 McLean Youth,McLean		13:40.77	
41 Kassis, Anna	97 55mt Pleasant A,Cha		13:44.86	22
42 Ward, Alice	97 Durham Striders		13:47.14	
43 Shuler, Emily	97 55 Summerville A,Su		13:54.47	23
44 Passman, Hannah	97 Howard Count,Columb		13:58.91	24
45 Hayes, Vanessa	96 Southwestern,Centre		14:01.84	25
46 Boren, Leilani	96 Southwestern,Centre		14:02.82	26
47 Warner, Natalie	96 Weddington XC		14:05.04	27
48 Richard, Katelyn	96 Sandhills		14:05.90	
49 Martschenko, Diana	97 Fairfax Poli,Fairfa		14:07.50	28
50 Ayers, Kelly	96 Vienna Youth,Vienna		14:09.43	
51 Joyner, Megan	96 CC Pacers		14:13.25	
52 Setzer, Anna	96 CC Pacers		14:13.69	
53 Bozarth, Abigail	97 55 Summerville A,Su		14:18.98	29
54 Gaines, Madison	97 55 Summerville A,Su		14:22.30	30
55 Nichols, Elizabeth	96 Weddington XC		14:24.48	

56 Towner, Elizabeth	97 Howard Count, Fulton	14:24.76	31
57 Fairey, Caitlyn	97 55mt Pleasant A, Mt	14:30.13	32
58 Cutright, Ellie	96 55mt Pleasant A, Mt	14:30.84	33
59 Walker, Anna	97 45 Northside Re, Atl	14:33.17	
60 Rawls, Maya	97 55mt Pleasant A, Fol	14:36.05	34
61 Anderson, Brooke	96 45 Alpharetta Y, Alp	14:39.34	
62 Kruus, Kirsten	97 Howard Count, Clarks	14:42.46	35
63 Edmonds, Theresa	96 Southwestern	14:45.91	36
64 Brown, Shavone	97 Lightning Runnin, Fo	14:56.53	
65 Lands, Breanna	96 55 Summerville A, N	15:03.68	37
66 Vilen, Leigha	96 CC Pacers	15:12.09	
67 Oler, Kelly	97 McLean Youth, McLean	15:13.36	
68 Nicholson, Simone	96 Lightning Ru, Randal	15:18.51	38
69 Bilsky, Alexa	97 45 Peachtree Ci, Pea	15:18.97	
70 Bullock, Loren	97 Durham Striders	15:21.01	
71 Lannen, Monica	97 Vienna Youth, Reston	15:32.05	
72 Mitchell, Rachel	96 55 Summerville A, Su	15:36.58	39
73 Penaranda, Rachael	97 Southwestern, Centre	15:51.29	40
74 Jeters, Latasha	96 Lightning Runnin, Fo	15:53.55	
75 Nuttall, Emily	96 Southwestern, Centre	15:55.73	41
76 Scott, Maria Isabel	96 Vienna Youth, Vienna	16:01.68	
77 Rahaman, Elaina	96 Fairfax Poli, Annand	16:27.90	42
78 Edwards, Carolyn	97 55 Summerville A, Su	17:28.11	43

Team Scores

=====
Rank Team Total 1 2 3 4 5 *6 *7 *8 *9
=====

1 10 Lightning Running Club 21 1 3 4 5 8 12 17 38
Total Time: 1:01:50.26
2 13 Weddington XC Club 65 2 11 15 18 19 20 21 27
Total Time: 1:05:49.17

3 10 Fairfax Police Youth C 103 7 10 16 28 42
Total Time: 1:09:44.43

4 55 Mount Pleasant "a" 109 9 13 22 32 33 34
Total Time: 1:09:01.78

5 10 Howard County Striders 110 6 14 24 31 35
Total Time: 1:09:02.46

6 55 Summerville Storm A 158 23 29 30 37 39 43
Total Time: 1:13:16.01

7 10 Southwestern Youth Ass 168 25 26 36 40 41
Total Time: 1:14:37.59

4k Run CC Youth Girls

=====
Name Year Team Seed Finals Points
=====

Results - Women

1 Tinkey, Grace	95 45 Unattached GA, Ma	15:45.38	
2 Lang, Tiffany	94 Howard Count, Columb	16:04.32	1
3 Miles, Jessica	95 McLean Youth, McLean	16:04.62	2
4 Daley, Abigail	94 Lightning Ru, Clarks	16:05.18	
5 Thorne, Rachel	95 45 Alpharetta Y, Alp	16:05.42	
6 Bieraugel, Kelly	94 Cobra Track, Alexand	16:15.19	
7 Kennedy, Allie	95 Howard Count, Columb	16:17.58	3
8 Yoakum, Grace	95 North Wake	16:22.40	
9 Adkins, Katlyn	95 Team Decker	16:35.15	4
10 Fairey, Anna	94 55mt Pleasant A, Mt	16:36.66	5
11 Rooks, Brittny	94 PV Unattache, Baltim	16:38.34	
12 Estrada, Eva	94 McLean Youth, Falls	16:41.14	6
13 Womack, Alexa	95 45 Walton, Marietta,	16:43.46	
14 Stephenson, Kristen	94 Team Decker	16:43.77	7

15	Branch, Hailey	95	45 Northside Re,Atl	16:44.06	
16	Fairey, Melissa	95	55mt Pleasant A,Mt	16:50.86	8
17	Bingaman, Samantha	95	Lightning Ru,Mount	17:13.06	
18	Yoakum, Rebecca	95	North Wake	17:16.03	
19	Young, Alexa	95	CC Pacers	17:24.37	
20	Bunoa, Anya	95	55 Summerville,Summ	17:24.64	
21	Morgan, Mary Kate	95	Team Decker	17:33.66	9
22	Nail, Mackenzie	95	45 Peachtree Ci,Fay	17:36.15	
23	Lowry, Megan	94	55mt Pleasant A,Mt	17:42.40	10
24	Estrada, Julia	95	McLean Youth,Falls	17:44.63	11
25	Miller, Hannah	94	45 Peachtree Ci,New	17:45.91	
26	Thomas, Hailey	94	McLean Youth,Falls	17:46.62	12
27	Ball, Samantha	95	Southwestern,Fairfa	17:46.95	
28	Gessler, Amy	95	Howard Count,Ellico	17:47.27	13
29	Alexander, Morgan	95	Lightning Ru,Freder	17:48.69	
30	Oliver, Amy	95	Howard Count,Laurel	17:58.05	14
31	Brand, Sarah	95	Howard Count,Columb	18:14.22	15
32	Sheridan, Charlotte	95	McLean Youth,Vienna	18:19.08	16
33	Bruneio, Amanda	95	55cheraw,Cheraw, SC	18:26.47	
34	Kroder, Erin	94	Howard Count,Ellico	18:38.30	17
35	Branch, Hunter	95	45 Northside Re,Atl	18:39.11	
36	Gessler, Becky	95	Howard Count,Ellico	18:40.05	18
37	Fristoe, Sarah	95	45 Northside Re,Atl	18:42.59	
38	Schulz, Kirsten	94	45 Alpharetta Y,Alp	18:56.41	
39	Beaman, Hannah	95	McLean Youth,Falls	19:06.83	19
40	Truelove, Heather	95	45 Lanier Runni,Mur	19:07.86	
41	Ellis, Tanay	94	Team Decker	19:08.13	20
42	Powell, Christina	95	45 Heart and So,Pow	19:09.19	
43	Knotts, Rachel	94	Southwestern,Centre	19:13.27	
44	Shortt, Courtney	94	Team Decker	19:19.67	21
45	Willis, Erin	95	55mt Pleasant A,Mt	19:29.91	22
46	Hawley, Kristen	95	55 Summerville,Summ	19:32.27	
47	Jowell, Amanda	94	Durham Striders	19:39.97	
48	Carey, Catherine	95	55mt Pleasant A,Mt	19:40.35	23
49	Denneny, Rachel	95	Fairfax Poli,Fairfa	20:05.43	
50	Fetchen, Courtney	95	55 Summerville,Summ	20:25.06	
51	Fletemeyer, Irene	95	Maryland Tit,German	22:27.13	
52	McCleskey, Kelsey	94	Southwestern,Clifto	28:20.37	

Team Scores

```

=====
Rank Team Total 1 2 3 4 5 *6 *7 *8 *9
=====
1 10 Howard County Striders 46 1 3 13 14 15 17 18
Total Time: 1:26:21.44

2 10 McLean Youth TC 47 2 6 11 12 16 19
Total Time: 1:26:36.09

3 13 Team Decker 61 4 7 9 20 21
Total Time: 1:29:20.38

4 55 Mount Pleasant "a" 68 5 8 10 22 23
Total Time: 1:30:20.18

```

5k Run CC Intermediate Girls

```

=====
Name Year Team Seed Finals Points
=====
Results - Women
1 Neukum, Kelsey 93 45 Lanier Runni,Gai 20:36.91 1
2 Wilberding, Gabriela 93 North Wake 21:03.13
3 Wood, Keeley 92 Unattached 21:13.78
4 Stephenson, Lauren 92 Team Decker 21:15.90
5 Sweet, Patrice 92 45 Lanier Runni,Gai 21:22.49 2
6 Davidson, Mary 92 55 SC Unattached,La 21:28.27
7 Brandli, Meagan 93 55 Mt Pleasant,Mt P 21:40.40

```

8	Coleman, Donye	92	45	Rate of Moti,Sne	22:05.66	
9	Holmes, Aundrea	93		Unattached	22:11.82	
10	Hagan, Tiffany	92		Unattached	22:13.28	
11	Gilliam, Sarah Katherine	93	55	Mt Pleasant,Mt P	22:16.96	
12	Martin, Cara	93	45	Lanier Runni,Gai	22:18.67	3
13	Wells, Alexandria	93		Junior Striders	22:47.70	
14	Lawson, Ansley	92	45	Lanier Runni,Gai	22:53.55	4
15	Walker, Brianna	92		Hummingbird,Columbi	23:34.44	
16	Martinez, Stephanie	92	45	Lanier Runni,Flo	23:58.59	5

Team Scores

```

=====
Rank Team Total 1 2 3 4 5 *6 *7 *8 *9
=====
1 45 Lanier Running Club 15 1 2 3 4 5
Total Time: 1:51:10.21

```

5k Run CC Young Women

```

=====
Name Year Team Seed Finals Points
=====
Results - Women
1 Wijayarathne, Hiruni 90 PV Unattache,Herndo 19:17.35
2 Showalter, Katharine 90 45 Quicksilver,Atla 19:42.93
3 Whiting, Maegan 91 North Wake 19:53.91
4 Maughan, Caitlin 91 Team Decker 24:42.01
5 Long, Blair 91 Team Decker 26:19.90

```

Licensed to Virginia Assoc. USATF Championship Meet

HY-TEK's Meet Manager 11/22/2008 06:22 PM

Region III JO Cross Country Championship - 11/22/2008

Pole Green Park Richmond, Virginia

Results

2000 Meter Run CC Sub-Bantam Boys

Name	Year Team	Seed	Finals	Points
Results - Men				
1 Spencer, Noah	00 55mt Pleasant A,Mt		7:59.89	1
2 Mitchell, Coleman	00 Triangle Champ		8:15.36	
3 Tulowitzky, Graham	00 55mt Pleasant A,Mt		8:25.53	2
4 Granger, Michael	00 45 Peachtree Ci,Fay		8:31.81	
5 Davis, Nathan	00 Lightning Ru,Freder		8:41.46	
6 Boney, Leslie	00 Junior Striders		8:45.89	
7 Morrison, Ja-Del	01 DC Parks and,Washin		8:46.16	
8 Elhabashy, Hamzah	01 Howard Count,Columb		8:50.45	3
9 Fayssoux, Benjamin	01 55mt Pleasant A,Mt		8:54.53	4
10 Hamill, Brady	00 45 Peachtree Ci,Tyr		8:55.23	
11 Koehn, Evan	00 Lightning Ru,Derwoo		9:05.50	
12 Fravel, Hayden	00 45 Alpharetta Y,Ros		9:05.80	5
13 Sanborn, Nathaniel	00 Fayetteville		9:08.56	
14 Lee, Harrison	00 Junior Striders		9:16.71	
15 Tinkey, Christian	00 45 Unattached GA,Ma		9:20.81	
16 Chattin, Anders	00 Howard Count,Columb		9:22.50	6
17 Burmester, Eleazar Shawn	00 Junior Striders		9:23.41	
18 Russell, Asher	00 Howard Count,Reiste		9:23.87	7
19 Callahan, Chris	00 CC Pacers		9:36.63	
20 Lyon, Nicholas	00 45 Alpharetta Y,Cum		9:37.10	8
21 Hill, Max	00 Howard Count,Columb		9:39.26	9
22 Zervoudis, Anthony	00 The Running,Bristow		9:41.43	
23 Joyner, Ahmad	01 Unattached		9:44.83	
24 Sidor, Bohdan	02 Fairfax Poli,Fairfa		9:54.80	10
25 Hunt, Ryan	00 Durham Striders		10:10.21	
26 Knepshield, Tyler	01 unattached,King Geo		10:15.78	
27 Jessup, Will	01 55mt Pleasant A,Mt		10:16.65	11
28 Powell, Caleb	00 45 Heart and So,Pow		10:17.51	
29 Wagers, Dylan	00 55mt Pleasant A,Mt		10:17.81	12
30 Morton, Byron	00 North Wake		10:21.61	
31 Thorne, Daniel	01 45 Alpharetta Y,Alp		10:22.16	13
32 Mulhall, Mack	00 The Running,Bristow		10:27.73	
33 Brown, William	02 45 Walton,Marietta,		10:27.98	
34 Goldwater, Isaac	00 CC Pacers		10:39.05	
35 Tripp, William	02 Howard Count,Ellico		10:39.38	14
36 Carney, Aidan	00 Fairfax Poli,Fairfa		10:43.22	15
37 Wagner, Michael	00 Lightning Ru,Freder		10:50.23	
38 Lempner, Matthew	01 45 Alpharetta Y,Cum		10:51.13	16
39 Fowler, Nick	00 12 Our Lady of L,Sa		10:51.38	
40 Shea, Ethan	00 Fairfax Poli,Fairfa		10:58.41	17
41 Sullivan, Johnathan	00 Vienna Youth,Vienna		11:01.08	
42 Shemer, Jacob	00 Lightning Ru,New Ma		11:01.50	
43 Slawin, Connor	00 45 Alpharetta Y,Alp		11:03.37	18
44 Biddison, Nicholas	00 12 Our Lady of L,He		11:10.96	
45 Bilsky, Ethan	01 45 Peachtree Ci,Pea		11:14.41	
46 Sharkey, Sam	01 Fairfax Poli,Fairfa		11:20.27	19
47 Fleming, Ryan	00 Sandhills		11:21.76	
48 Gibbons, Benjamin	01 Fairfax Poli,Fairfa		11:38.19	20
49 Morton, Jacob	02 North Wake		11:51.62	
50 Shea, Jackson	02 Fairfax Police Y,Fa		11:58.57	
51 Hodges, Clayton	02 Unattached		12:19.05	
52 Jones Jr, Eric	00 DC Parks and,Washin		12:55.99	
53 Sellers, Andrew	00 12 Our Lady of L,Me		13:16.15	
54 Worley, Josiah	01 unattached,Montpeli		14:05.62	
55 Martin, York	02 North Wake		18:26.90	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	55 Mount Pleasant "a"	30	1	2	4	11	12				
Total Time: 45:54.41											
2	10 Howard County Striders	39	3	6	7	9	14				
Total Time: 47:55.46											
3	45 Alpharetta YMCA	60	5	8	13	16	18				
Total Time: 50:59.56											
4	10 Fairfax Police Youth C	81	10	15	17	19	20				
Total Time: 54:34.89											

3k Run CC Bantam Boys

Name	Year	Team	Seed	Finals	Points
Results - Men					
1	Ellenburg, Jackson	99 55 Summerville, Summ		11:38.00	
2	Bensley, Cameron	98 45 Walton, Hiram, GA		11:46.07	
3	Holden, Harrison	99 45 Walton, Marietta,		11:50.01	
4	Hunt, Nijel	99 Durham Striders		11:57.21	
5	Martin, Eric	98 Cobra Track, Alexand		12:03.25	
6	Sawyer, Glenn	98 55mt Pleasant A, Mt		12:08.36	1
7	Bowden, Clark	98 Vienna Youth, Vienna		12:22.33	
8	Carrington, James	99 Durham Striders		12:23.16	
9	Powell, Carlin	98 45 Heart and So, Pow		12:29.25	
10	Zawanda, Joshua	99 Junior Striders		12:29.92	
11	Brown, Keyshawn	99 University City		12:30.35	
12	McLean, Carter	98 Lightning Ru, Clarks		12:31.09	2
13	Coleman, Alec	99 Lightning Ru, Monrov		12:36.54	3
14	Milton, William	98 55mt Pleasant A, Mt		12:38.42	4
15	Daniel, Madison	98 Triangle Champ		12:40.54	
16	Harr, Jacob	98 Fayetteville		12:40.86	
17	Coates, Liam	98 Lightning Ru, Freder		12:41.12	5
18	Nicholson, Noah	99 Lightning Ru, Randal		12:43.97	6
19	Kinney, Brandon	98 Lightning Ru, Temple		12:44.30	7
20	McDonald, Connor	98 CC Pacers		12:44.56	
21	Loveless, Chase	99 45 Peachtree Ci, New		12:50.63	
22	Jessup, Michael	99 55mt Pleasant A, Mt		12:51.15	8
23	Smith, Alexander	98 Vienna Youth, Washin		12:52.77	
24	Higham, David	99 Lightning Ru, Derwoo		12:54.82	9
25	Kelly, Tyrese	99 Sandhills		13:02.55	
26	Hodges, Blan	98 Unattached		13:02.75	
27	Carey, Walter	98 55mt Pleasant A, Mt		13:05.27	10
28	Baxley, William	99 McLean Youth, McLean		13:08.22	
29	Tysor, Joshua	99 45 Peachtree Ci, Pea		13:15.42	
30	Rawllins, Chandler	98 Triangle Champ		13:17.16	
31	Newberry, Matthew	98 Lightning Runnin, Fr		13:19.67	11
32	Hamilton, Corey	98 Howard Count, Ellico		13:19.88	12
33	Stephan, Austin	98 45 Etowah, Acworth,		13:20.24	
34	Jackson, Jacob	98 Lightning Ru, Randal		13:23.77	13
35	Hilinski, Kendall	98 45 Peachtree Ci, Fay		13:28.66	
36	Wells, Hudson	99 Junior Striders		13:29.43	
37	Sullivan, Phillip	98 Vienna Youth, Vienna		13:30.61	
38	Nail, Parker	98 45 Peachtree Ci, Fay		13:47.34	
39	Wegner, Kevin	98 Howard Count, Columb		13:47.77	14
40	Kruus, Nicholas	99 Howard Count, Clarks		13:51.06	15
41	Holton, Eric	99 Lightning Ru, Fort W		13:51.48	16
42	Capella, Blake	98 Lightning Runnin, Fr		13:55.00	17
43	Moll, Thomas	98 Pacesetters		14:01.96	
44	Stathes, Niko	98 Lightning Runnin, Ro		14:10.31	18
45	Tabler, Ryon	98 Howard Count, Columb		14:20.06	19
46	Coughlin, Connor	99 Southwestern, Centre		14:22.59	20
47	Kleissler, Dan	98 CC Pacers		14:23.16	
48	Brown, Koby	99 University City		14:29.44	

49 Woodward, John	99 Lightning Runnin,Ga	14:35.69	21
50 DiBona, Nicholas	98 55mt Pleasant A,Mt	14:37.33	22
51 Danner, Joseph	99 Lightning Runnin,Di	14:39.11	23
52 Clarke, Mitchell	98 55mt Pleasant A,Mt	14:39.35	24
53 Wood, Jacob	98 Fairfax Poli,Annand	14:40.12	
54 Kimbrell, Owen	98 Southwestern,Centre	14:41.33	25
55 Allen, Sam	98 55 Florence,Florenc	14:42.06	
56 Davis, Ian	99 Lightning Runnin,Fr	14:45.24	26
57 Sutter, Jacob	99 Southwestern,Centre	14:49.01	27
58 Benedek, Evan	00 Howard Count,Clarks	14:55.33	28
59 Foster, Garrett	99 Unattached	14:59.38	
60 Anderson, James	99 Fairfax Poli,Spring	15:01.99	
61 Adams, Ryan	98 Unattached	15:11.37	
62 Sheridan, Stephen	99 McLean Youth,Vienna	15:13.94	
63 Blanco, Ian	98 55 Florence,Florenc	15:43.08	
64 Foster, Jake	98 Howard Count,Woodbi	15:50.82	29
65 Smolyak, Daniel	98 Howard Count,Clarks	16:03.93	30
66 Evers, David	98 Southwestern,Clifto	16:38.27	31
67 Roark, Colton	99 Unattached	17:03.30	
68 Perez, Sebastian	98 Southwestern,Fairfa	17:32.51	32

Team Scores

```

=====
Rank Team Total 1 2 3 4 5 *6 *7 *8 *9
=====
1 10 Lightning Running Club 23 2 3 5 6 7 9 13 16
Total Time: 1:03:17.02

2 55 Mount Pleasant "a" 45 1 4 8 10 22 24
Total Time: 1:05:20.53

3 10 Howard County Striders 88 12 14 15 19 28 29 30
Total Time: 1:10:14.10

4 10 Lightning Running Club 90 11 17 18 21 23 26
Total Time: 1:10:39.78

5 10 Southwestern Youth Ass 135 20 25 27 31 32
Total Time: 1:18:03.71

```

3k Run CC Midget Boys

```

=====
Name Year Team Seed Finals Points
=====
Results - Men
1 Wegner, Michael 96 Howard Count,Columb 10:49.79 1
2 Strouse, Greyson 96 Lightning Ru,Freder 11:01.47 2
3 Dunson, Sam 96 CC Pacers 11:06.64 3
4 Allen, Jared 96 Lightning Ru,Fort W 11:10.26 4
5 Millsaps, Peter 97 Junior Striders 11:16.97 5
6 Link, Cory 96 Lightning Ru,Linthe 11:21.89 6
7 Keating, Joseph 97 Howard Count,Columb 11:26.21 7
8 Gray, Evan 96 Unattached 11:30.37
9 Mitchell, Joshua 97 Triangle Champ 11:32.56
10 Freed, Ben 96 Lightning Ru,Freder 11:33.20 8
11 Spencer, Jacob 97 55mt Pleasant A,Mt 11:33.52 9
12 Sussman, Chad 97 Lightning Ru,Elders 11:33.79 10
13 Vilen, Collin 96 CC Pacers 11:34.07 11
14 Hekker, Aidan 96 55mt Pleasant A,Mt 11:34.40 12
15 Harmony Jr, Matthew 96 Sandhills 11:34.65
16 Dunn, Bobby 97 Southwestern,Clifto 11:36.67
17 Kirwan, James 96 55mt Pleasant A,Mt 11:36.91 13
18 Crilly, Collin 96 Lightning Ru,Olney, 11:37.25 14
19 Zawanda, Jacob 96 Junior Striders 11:37.61 15
20 Kirk, William 97 Lightning Runnin,Ro 11:42.69 16
21 Lamont, Hunter 96 55mt Pleasant A,Mt 11:43.56 17
22 Donley, Samuel 97 45 Etowah,Woodstock 11:51.39
23 Spencer, Logan 97 55mt Pleasant A,Mt 11:53.26 18
24 Calem, Matthew 96 Vienna Youth 12:00.40

```

25	Ways, Eric	96	Durham Striders	12:02.64	
26	Nathan, Alec	97	45 Northside Re,Atl	12:03.78	19
27	Matthews, Brian	97	45 Etowah,Woodstock	12:05.40	
28	Jensen Jr, David	96	Vienna Youth,Vienna	12:06.89	
29	Matheny, Richard	96	55mt Pleasant A,Mt	12:09.94	20
30	Tilley, Cliff	97	Lightning Ru,Rockvi	12:11.68	21
31	Cogdell, Cameron	97	Weddington XC	12:13.17	
32	Marshall, Clayton	97	45 Alpharetta Y,Alp	12:15.43	
33	Box, John David	96	45 Unattached GA,Ca	12:17.04	
34	Braan, Grant	96	CC Pacers	12:20.58	22
35	Tvardzik, Samuel	96	PV Unattache,Woodbi	12:20.81	
36	Haigler, Reid	97	55mt Pleasant A,Isl	12:21.14	23
37	Marcie, Shawn	96	Unattached	12:25.24	
38	Glick, Elijah-David	97	Lightning Ru,Freder	12:25.57	24
39	Haigler, Matthew	97	55mt Pleasant A,Isl	12:25.94	25
40	Hazel, Mason	96	55 Summerville,Summ	12:31.04	
41	Wells, Dennis	96	Junior Striders	12:33.32	26
42	Salcido, Sergio	96	Maryland Tit,Rockvi	12:34.74	
43	Burke, Connor	97	PV Unattache,Alexan	12:35.76	
44	Drew, Noah	96	Durham Striders	12:39.83	
45	Howe, Darius	97	Lightning Runnin,Pi	12:40.59	27
46	Hamill, Devin	97	45 Peachtree Ci,Tyr	12:40.82	
47	Workman, Eric	97	Vienna Youth,Fairfa	12:41.02	
48	Stricklin, Andrew	96	45 Walton,Marietta,	12:41.34	
49	Beavers, Blake	97	45 Etowah,Woodstock	12:41.62	
50	Fravel, John	97	45 Alpharetta Y,Ros	12:41.94	
51	Greer, Miles	97	45 Walton,Marietta,	12:42.17	
52	Hall, John	96	55 Mt Pleasant,Mt P	12:42.48	
53	Harrison, Christopher	96	Lightning Runnin,Ro	12:47.35	28
54	Henry, Roamel	97	Lightning Runnin,Co	12:48.81	29
55	Brewer McKew, Matthew	96	Vienna Youth,Herndo	12:49.29	
56	Demaree, Marshall	96	Howard Count,Marrio	12:49.51	30
57	Rosicky, Bryce	97	Howard Count,Columb	12:51.45	31
58	Amoroso, Joseph	96	45 Northside Re,Atl	12:51.92	32
59	Bieraugel, Carson	96	Cobra Track,Alexand	12:53.75	
60	Danner, Nicholas	97	Lightning Runnin,Di	12:54.21	33
61	Kemple, Brendan	96	45 Alpharetta Y,Mil	12:55.56	
62	Sheridan, Timothy	96	McLean Youth,Vienna	13:01.36	
63	Font, Alec	96	Howard Count,Ellico	13:04.10	34
64	Kelley, Drew	96	45 Northside Re,Ros	13:07.01	35
65	Wilke, David	97	CC Pacers	13:08.66	36
66	Stuart, William	97	45 Northside Re,Atl	13:14.30	37
67	Severance, Michael	97	Southwestern,Clifto	13:20.73	
68	Harper, Cedric	97	45 Northside Re,Atl	13:28.72	38
69	Sheridan, William	97	McLean Youth,Vienna	13:29.82	
70	Richardson, Clarence	97	Unattached	13:36.57	
71	Sandin, William	97	Junior Striders	13:43.27	39
72	Majette, Malik	97	Durham Striders	13:52.07	
73	Coleman, Edmund	97	Lightning Runnin,Mo	13:58.46	40
74	Inabinett, Jackson	96	55 Summerville,Summ	14:00.82	
75	Moran, Jeff	97	Howard Count,Ellico	14:02.43	41
76	Klinedinst, Brendon	96	Weddington XC	14:02.85	
77	Jones, Grayson	97	55 Florence - A,Flo	14:06.17	42
78	Bolon, Nate	97	CC Pacers	14:07.70	43
79	Borisko, Steven	97	Howard Count,Ellico	14:08.14	44
80	Cady, Joshua	96	55 Palmetto,Aiken,	14:10.23	
81	Freels, Bradley	96	55 Florence - A,Flo	14:10.95	45
82	Sankofa, Ayinde	96	University City	14:16.99	
83	Young, Harrison	97	CC Pacers	14:17.21	46
84	Eastman, Matthew	97	Howard Count,Ellico	14:37.44	47
85	Myers, Skyler	97	55 Florence - A,Flo	14:38.27	48
86	Wilberding, Keven	97	North Wake	14:43.82	
87	Jones, William	97	55 Florence - A,flo	14:47.69	49
88	Truman, Andy	96	55 Florence - A,Flo	14:53.24	50
89	Shake, Steven	97	55 Florence - A,Flo	15:03.55	51
90	Foster, Collin	97	Unattached	15:07.19	
91	Daley, Aaron	97	Lightning Runnin,Cl	15:15.24	52
92	Minnick, John	97	Lightning Runnin,Fr	15:20.08	53
93	Prather, John	97	Junior Striders	15:35.34	54
94	Courville, Ethan	96	55 Mt Pleasant,Mt P	15:56.42	

Team Scores

=====
 Rank Team Total 1 2 3 4 5 *6 *7 *8 *9
 =====

1 10 Lightning Running Club 30 2 4 6 8 10 14 21 24
 Total Time: 56:40.61

2 55 Mount Pleasant "a" 69 9 12 13 17 18 20 23 25
 Total Time: 58:21.65

3 10 Howard County Striders 103 1 7 30 31 34 41 44 47
 Total Time: 1:01:01.06

4 13 CC Pacers 115 3 11 22 36 43 46
 Total Time: 1:02:17.65

5 10 Lightning Running Club 133 16 27 28 29 33 40 52 53
 Total Time: 1:02:53.65

6 13 Junior Striders 139 5 15 26 39 54
 Total Time: 1:04:46.51

7 45 Northside Red Runners 161 19 32 35 37 38
 Total Time: 1:04:45.73

8 55 Florence TC "a" 234 42 45 48 49 50 51
 Total Time: 1:12:36.32

4k Run CC Youth Boys

=====
 Name Year Team Seed Finals Points
 =====

Results - Men

1	Graham, Thomas	94	Unattached	13:16.04	
2	Coble, David	94	45 Unattached GA,At	14:23.69	
3	Shermer, Chase	94	North Wake	14:28.85	
4	Coeytaux, Alex	94	Unattached	14:41.98	
5	Viles, Bradley	94	Unattached	14:43.40	
6	Miner, Sam	94	CC Pacers	14:49.14	
7	Bivens, Jonathan	94	Weddington XC	14:51.33	1
8	Bailey, Denver	94	55 Summerville,Summ	14:54.23	
9	Harbour, Matt	95	Lightning Ru,Freder	14:56.14	2
10	Swink, Justin	94	Unattached	14:57.51	
11	Phelps, Remington	94	PV Unattache,Woodbi	14:58.50	
12	Wurst, Christopher	94	Team Decker	15:00.68	
13	DuBoyce, Patrick	94	Lightning Ru,New Ma	15:02.00	3
14	Burks, Forrest	94	45 Unattached GA,Ac	15:11.00	
15	Pickens, Joseph	95	PV Unattache,Glenel	15:11.40	
16	Werden, Alex	94	CC Pacers	15:14.69	
17	Gernhard, Max	95	Fairfax Poli,Oakton	15:21.32	4
18	Blue, Dylan	94	Sandhills	15:23.12	
19	Stormark, Gunnar	94	45 PT Elite Tra,Mar	15:29.57	
20	Wilson, Clayton	94	Pacesetters	15:30.03	
21	Nichols, Joseph	94	Weddington XC	15:31.05	5
22	Austin, Danny	94	Lightning Ru,Woodbi	15:32.82	6
23	Roark, Hunter	95	Weddington XC	15:41.26	7
24	James, William	95	45 Peachtree Ci,Pea	15:41.98	8
25	Higham, Christopher	94	Lightning Ru,Derwoo	15:42.64	9
26	Christmas, Matthew	94	55 SC Unattached,Ro	15:49.57	
27	Sigmon, Timothy	94	PV Unattache,Mount	15:51.26	
28	Sharkey, Luke	95	Fairfax Poli,Fairfa	15:52.24	10
29	Humble, Ryan	94	45 Walton,Marietta,	15:55.42	
30	Hamill, Ryan	95	45 Peachtree Ci,Tyr	15:57.25	11
31	Smith, Joshua	94	Fayetteville	15:58.24	

32 Matheny, Charles	94 55mt Pleasant A,Mt	16:00.29	12
33 Beck, Daniel	95 Lightning Ru,Mt. Ai	16:02.02	13
34 McClung, Sean	94 Weddington XC	16:03.18	14
35 Morrissey, Matthew	94 45 Peachtree Ci,Fay	16:04.14	15
36 Clarke, Miles	94 55mt Pleasant A,Mt	16:04.69	16
37 Pavel, Garrison	95 45 Peachtree Ci,Fay	16:05.00	17
38 Lane, Alec	94 Weddington XC	16:06.69	18
39 Dolan, Billy	95 Howard Count,Clarks	16:12.25	
40 Fournier, Scotty	94 55mt Pleasant A,Mt	16:15.41	19
41 Newberry, Mark	94 Lightning Ru,Federi	16:16.28	20
42 Glick, Daniel-judah	95 Lightning Ru,Freder	16:24.49	21
43 Steward, Domonic	95 Lightning Ru,Fort W	16:29.79	22
44 Donoho, Cooper	95 55mt Pleasant A,Mt	16:34.14	23
45 Cyrus, Ralph	95 Lightning Runnin,Fo	16:35.18	
46 Tooke, Corey	95 Southwestern,Centre	16:36.70	
47 Smolyak, Gary	95 Howard Count,Clarks	16:37.69	
48 Ammann, Matthew	94 McLean Youth,Vienna	16:38.88	
49 Yudkin, Brian	94 Fairfax Poli,Annand	16:45.27	24
50 Glackin, Tanner	94 Weddington XC	16:50.72	25
51 McLenigan, Andrew	95 Fairfax Poli,Clifto	16:51.48	26
52 Bodeck, Ben	94 55mt Pleasant A,Mt	16:52.04	27
53 Bolon, Hank	95 CC Pacers	16:57.85	
54 Farmer, Kiante	94 Unattached	16:58.72	
55 Deputy, Manuel	95 Maryland Tit,German	17:02.72	
56 Edwards, Terrell	95 Triangle Champ	17:11.04	
57 Davidson, Eric	94 55mt Pleasant A,Mt	17:15.68	28
58 Napier, David	95 45 Peachtree Ci,Wil	17:23.79	29
59 Allen, James	95 Howard Count,Laurel	17:37.81	
60 Anderson, Gregory	94 Fairfax Poli,Fairfa	17:56.84	30
61 Grant, David	94 55mt Pleasant A,Mt	17:58.29	31
62 Woodward, David	95 Lightning Runnin,Ga	18:21.98	
63 Demaree, Andrew	94 55mt Pleasant A,Mt	18:34.58	32
64 Jabaley III, Michael	95 Fairfax Poli,Annand	18:38.36	33
65 Paton, Tyler	95 Vienna Youth,Vienna	18:40.20	
66 Crosswait, William	95 Fairfax Poli,Fairfa	18:43.05	34
67 Edmonds, Mitch	94 Fairfax Poli,Centre	18:45.58	35
68 Hein, Seth	95 Fairfax Poli,Fairfa	18:49.92	
69 Daly, Nathan	94 Southwestern,Centre	19:09.27	
70 Kirk-Davidoff, Paul	95 Howard Count,Columb	20:03.11	
71 Crane, Spencer	95 Weddington XC	20:35.40	36
72 Purvis, Alan	95 55 Mt Pleasant,Mt P	20:53.25	

Team Scores

```

=====
Rank Team Total 1 2 3 4 5 *6 *7 *8 *9
=====
1 10 Lightning Running Club 33 2 3 6 9 13 20 21 22
Total Time: 1:17:15.62

2 13 Weddington XC Club 45 1 5 7 14 18 25 36
Total Time: 1:18:13.51

3 45 Peachtree City Flash 80 8 11 15 17 29
Total Time: 1:21:12.16

4 10 Fairfax Police Youth C 94 4 10 24 26 30 33 34 35
Total Time: 1:22:47.15

5 55 Mount Pleasant "a" 97 12 16 19 23 27 28 31 32
Total Time: 1:21:46.57

```

5k Run CC Intermediate Boys

Name	Year	Team	Seed	Finals	Points
Results - Men					
1 Hinman, Kenneth	92	Team Decker		16:41.47	1
2 McCormack, Raymond	92	45 Lanier Runni,Gai		17:09.22	
3 Black, Julian	92	45 Northside Re,Ros		17:12.82	
4 Maughan, Robert	93	Team Decker		17:19.75	2
5 Tyler, Timothy	92	55 Mt Pleasant,Mt P		17:21.26	
6 Mintz, Robert	93	Team Decker		17:21.91	3
7 Dixon, David	92	45 Unattached GA,At		17:22.31	
8 Black, Brandon	92	45 Northside Re,Ros		17:22.56	
9 Barger, Robert	93	45 Lanier Runni,Gai		17:25.73	
10 Erdman, Christian	92	45 Unattached GA,Ma		17:26.30	
11 Crawford, Joshua	93	Team Decker		17:35.37	4
12 Bennett, Matthew	92	Howard Count,Laurel		17:36.22	5
13 McCoy, Will	92	Sandhills		17:40.00	6
14 Schuler, Eric	93	Howard Count,Laurel		17:43.12	7
15 Haase III, Robert	93	Fairfax Poli,Fairfa		17:44.06	
16 Ketner, Kevin	92	55 SC Unattached,Fo		17:47.13	
17 Gaines, Matthew	93	55 Summerville,Summ		17:49.51	
18 Aune, Tim	93	55 SC Unattached,Be		17:59.47	
19 Goodnough, Jake	92	55 SC Unattached,Li		17:59.81	
20 Ruckel, Ethan	92	55 Mt Pleasant,Mt P		18:01.57	
21 Strouse, Garet	93	Lightning Ru,Freder		18:04.83	
22 Hanna, Fadi	93	North Wake		18:19.95	
23 Deucher, Peter	93	Sandhills		18:23.50	8
24 Henderson, Ty	93	55 SC Unattached,Mo		18:31.72	
25 Prince, Robert Harrison	92	Team Decker		18:37.25	9
26 Sartori, Thomas	92	Unattached		18:51.05	
27 Jezioranski, Daniel	93	Unattached		18:58.41	
28 Tvardzik, Steven	93	PV Unattache,Woodbi		19:02.87	
29 Howe, Alex	92	PV Unattache,Falls		19:07.62	
30 Morris, Joseph	93	Sandhills		19:12.41	10
31 Davis, Brandon	92	45 Unattached GA,Ca		19:18.88	
32 Fowler, Chris	92	Howard Count,Laurel		19:33.09	11
33 Matthews, Timothy	93	PV Unattache,Mount		19:39.82	
34 Brown Jr, Wendall	93	Lightning Ru,Distri		19:43.30	
35 Murphy, Christopher	93	Unattached		19:53.92	
36 Sheehy, Chris	93	Howard Count,Columb		20:01.60	12
37 Green, Brandon	93	55 SC Unattached,Ch		20:05.50	
38 Lindeke-Myers, Aaron	93	Unattached		20:06.47	
39 Renick, William	93	Unattached		20:17.19	
40 Arneson, Evan	93	Team Decker		20:19.21	13
41 Reaves, Lamont	92	Sandhills		20:21.27	14
42 Daley III, Harold	93	Lightning Ru,Clarks		20:24.76	
43 Richardson, Ed	93	Howard Count,Laurel		20:26.72	15
44 Wilks, Avery	93	55 SC Unattached,Ch		20:38.20	
45 Boyd, Jared	93	Unattached		20:59.94	
46 Richard, Marcus	93	Sandhills		21:14.27	16
47 Salley, Ryan	93	55 SC Unattached,Ch		22:19.27	
48 Fristoe, Jamie	92	45 Northside Re,Atl		22:21.74	
49 Eastman, Steven	93	Howard Count,Ellico		22:55.02	17
50 Anthony, Jonathan	92	55 SC Unattached,Ch		24:38.02	

Team Scores

Rank Team Total 1 2 3 4 5 *6 *7 *8 *9

1 13 Team Decker 19 1 2 3 4 9 13
Total Time: 1:27:35.75

2 10 Howard County Striders 50 5 7 11 12 15 17
Total Time: 1:35:20.75

3 13 Sandhills TC 54 6 8 10 14 16
Total Time: 1:36:51.45

5k Run CC Young Men

Name	Year	Team	Seed	Finals	Points
Results - Men					
1	Burruss, Ryan	91 45 Unattached GA, Ma		16:46.31	
2	Silver-Korn, Brandt	91 PV Unattache, Bethes		16:52.72	
3	Kennedy, Blake	91 45 Northside Re, Alp		16:54.62	
4	Gutierrez, Michael	91 45 Unattached GA, Ma		17:03.14	
5	Sterett, Benjamin	91 Jacksonville Exp		17:09.16	
6	Box, James	91 45 Unattached GA, Ca		17:34.89	
7	Macpherson, David	90 Unattached		17:54.20	
8	Perez, Landon	91 Team Decker		17:58.91	
9	Fitts, Josh	90 55 Mt Pleasant, Mt P		18:01.88	
10	Reynolds, Gabriel	90 Unattached		18:13.67	
11	Harp, Donald	90 55 SC Unattached, Be		18:34.11	
12	Nance, David	91 Team Decker		18:35.97	
13	Walker, Mason	91 45 Unattached GA, Ca		18:40.52	
14	Boyd, Justin	91 Unattached		18:51.47	
15	Higham, Joshua	91 Lightning Ru, Derwoo		18:52.63	
16	Mullins, Brett	90 45 Lanier Runni, Gai		18:53.46	
17	Lebegern, Terence	90 PV Unattache		18:53.82	
18	Townsend, Eric	91 45 Unattached GA, Ca		18:54.55	
19	Eastman, David	91 Howard Count, Ellico		19:00.89	
20	Gilmore, Austin	91 Unattached		19:09.44	
21	Dawson, James	91 Team Decker		19:16.27	
22	Butt, Abdul Hanan	91 Unattached		20:12.82	
23	Renick, Mark	91 Unattached		20:39.49	